# An Islamic Approach to Rehabilitation of Muslim Prisoners:

A Spiritual Based Diagnostic &

Intervention Model

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## Background of Research Journey:

- Economic industry vs original research approach
- Experience as an Imam : from Being ignored to bullied and called on as hypocrite
- Revenging and changing of teaching technique : from direct to mutual respect interactive spiritual approach

### Main Questions:

- Can faith be used as an intervention for the rehabilitation of Muslim prisoners?
- Can faith be used as a mean to improve criminal psyche?
- Can faith be used as intervention during the process of de-radicalisation of Muslim youth?
- Can the impact of Islam be assessed and measured empirically just like secular intervention programmes?

# Main Aspects of Research / Intervention- Qualitative case study

- •Empirical/ Diagnostic -
- Theological
- Educational

Why? In order to bring positive change in religiosity

#### Some Phrases

#### **Religion:**

- ➤ Text / Ritual / Norms of a Religion
- **➢ Divine Oriented**

#### **Mode:**

The way one Expresses Personal Understanding of Religion/ text/faith

#### **Religiosity:**

- ➤ Personal
  Understanding of a
  Religious text / Ritual
- >Human oriented

It may be fundamental, moderate, extreme etc

# Muslim Subjectivity Interview Process MSIP: Diagnostic and assessment Tools/ Procedures:

- Scale Of Attitude Towards Islam
  - (70- modelled on Francis's scale of attitude towards Christianity)
- Self Insight Sketch:
  - Historical background or important factors involved in constructing a mode of religiosity (Kelly's (1955)personal construct theory (PCT)
- Semi- Structured Interview
- Performance during the course

#### Q8- Some Background Factors: at empirical level

His Childhood / Family His School / His World University THE His Self Respect **His Community INDIVIDUAL** Level His Vision About His General Self **Interests** Interest In Faith

**Issues** 

Some Features Of Faith Based Radicalised Mind-Set

FEAR **EXTREMISM ISOLATION** THE **RADICALISM ALIENATION INDIVIDUAL AGGRESSION** HATE

**ANGER** 

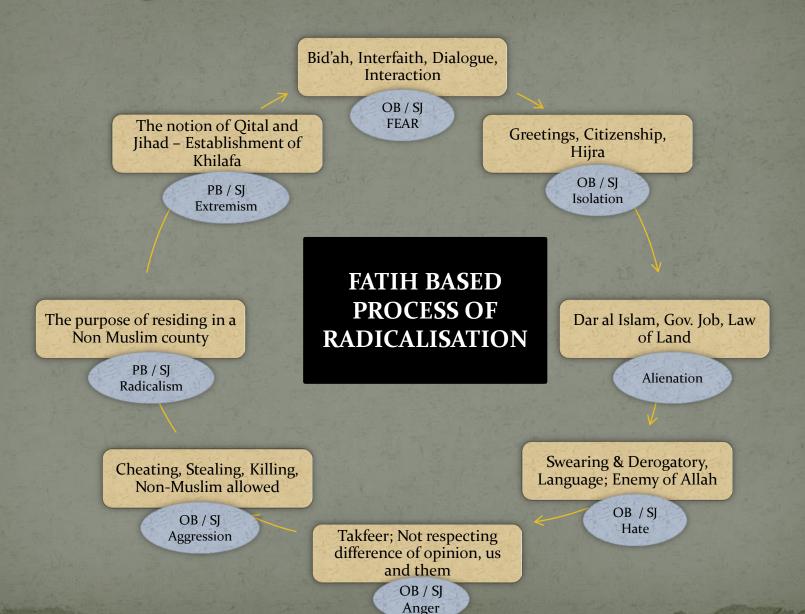
# Is faith a cure or cause for a criminal psyche/MINDSET

- •It is a cure but
  - •It may cause self- Justified severe criminal mind-set!
    - •How?
      - •A core value : commitment and sincerity with faith is misused/ exploited – it is prerequisite for faith based moral reform
  - •How it can be misused? How can we figure out whether its been misused?
    - •A suggested frame work to categorise and assess the religiosity- taken on board during the process
      - Two suggested principles

# Criteria for analysing the participants' modes of religiosity

	Diffused	Foreclosed (S & R)	Moratorium	Achieved
Commitment	Low	High	Low	Highly (Relatively
Exploration	Low	Low	High	High

#### Reviewing Faith Based Process of Radicalisation



# Rebutting Radical extremism ideology through spiritual based intervention process: (some examples)

- Using the approved and acknowledged values
- Tawba/Repentance
- Wara' / fear of Allah
- Sabr/ Patience's
- Ihsan (observing excellency in thought and action)

#### Should one do Tawba if one engages in the followings

- Inter-faith dialogue
- Greets to non-Muslim fellow human beings
- Establishes friendship with a non-Muslim
- Involved in any Bid'ah (Innovation)

#### Reforming The Faith Based Radicalised Mindset

REPENTANCE

**IHSAN** 

Individual with mature religiosity

WAR'A

**PATIENCE** 

#### **Process of Self Evaluation**

Moral situation and self development Conflict between Religious **Desires** responsibilities **Thinking** intention in favour Intention in favour of of desire Religious responsibility Firm decision Firm decision Action embedded in intention of desires Action in pursuit of religious responsibility Un improved action Improved/Religious action Review/Reflect Repentance / Engrossed in desires **Thankfulness** Dr. Tariq Mahmood Awan

For Complete journey of research please study

An Islamic Approach to Rehabilitation of Muslim Prisoners

A Spiritual Based Diagnostic



Intervention Model

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## Motivation and Background:

The mood and temper of the public with regards to the treatment of criminals is one of the unfailing tests of the civilisation of a country (Runcie, 1989:1) Any Questions?